



KURSE VOM 20. Februar – 25. Februar 2012!!!

Mo, 20. Feb 12	11.00 – 12.00	Step	Cindy	NEU!!!
	16.30 - 17.30	Body-Kick-Boxing gemischt	René	
	17.30 - 18.30	Body-Kick-Boxing gemischt	René	NEU!!!
	17.30 - 18.30	Pilates	Petra	
	18.30 - 19.30	Step	Petra	
Di, 21. Feb 12	09.30 - 10.30	Beckenbodengymnastik	Antje	
	16.00 - 17.00	Body-Kick-Boxing Damen	René	NEU!!!
	17.00 - 18.00	Body-Kick-Boxing gemischt	René	NEU!!!
	18.00 - 19.00	In-motion	Luisa	
	18.30 - 19.45	Bodyworkout	Mandy	
	19.00 - 20.00	In-motion	Luisa	
	19.45 - 21.00	Bodyworkout Einsteiger	Mandy	
Mi, 22. Feb 12	11.00 - 12.00	Body-Kick-Boxing gemischt	René	NEU!!!
	11.00 – 12.00	BBP	Cindy	NEU!!!
	14.00 - 15.00	Body-Kick-Boxing gemischt	René	NEU!!!
	17.30 - 18.30	Speedy Bikes Einsteiger	Luisa	
	19.00 - 20.00	Speedy Bikes	Simone	
	20.00 - 21.00	Speedy Bikes/BBP	Simone	
Do, 23. Feb 12	10:00 - 11:00	Ü 60	Antje	
	11.00 - 12.00	Body-Kick-Boxing gemischt	René	NEU!!!
	14.00 - 15.00	Body-Kick-Boxing Damen	René	NEU!!!
	17.15 - 18.15	Sumbra	Petra	
	18.30 - 19.30	Bodypower	Petra	
	19.30 - 20.30	Pilates	Petra	
Fr, 24. Feb 12	15.30 - 16.30	Speedy Bikes Einsteiger	Dani	
	18.30 - 19.30	Body-Kick-Boxing gemischt	René	
Sa, 25. Feb 12	14.30 - 15.30	Speedy Bikes	Dani	